

Recommended Readings  
Congregational Trauma, Resilience, and Healing  
Darryl W. Stephens

- Baldwin, Jennifer. *Trauma-Sensitive Theology: Thinking Theologically In The Era Of Trauma*. Eugene, OR: Cascade, 2018.
- Falke, Ken, and Josh Goldberg. *Struggle Well: Thriving in the Aftermath of Trauma*. Lioncrest, 2018.
- Haughee, Chris. "What does it mean for a ministry to be "trauma informed?" 2016. <https://swmnelca.org/wp-content/uploads/2018/08/Trauma-informed-ministry.pdf>.
- Heath, Elaine A. *Healing the Wounds of Sexual Abuse: Reading the Bible with Survivors*. Grand Rapids: Brazos, 2019.
- Herman, Judith L. *Trauma and Recovery: The Aftermath of Violence, from Domestic Abuse to Political Terror*. New York: Basic Books, 2015.
- . *Truth and Repair: How Trauma Survivors Envision Justice*. New York: Basic, 2023.
- Hunsinger, Deborah van Deusen. *Bearing the Unbearable: Trauma, Gospel, and Pastoral Care*. Grand Rapids: Eerdmans, 2015.
- Imad, Mays. "Leveraging the Neuroscience of Now: Toward Healing & Recovery." Recorded webinar. March 26, 2021. [https://www.youtube.com/watch?v=nA\\_h3l8NJG8](https://www.youtube.com/watch?v=nA_h3l8NJG8)
- Institute for Collective Trauma and Growth. "Seven Key Traits of a Trauma Informed Congregation." Nov. 18, 2019. <https://www.ictg.org/congregational-blog/seven-key-traits-of-a-trauma-informed-congregation>
- Jones, Serene. *Trauma + Grace*, 2nd ed. Louisville: Westminster John Knox, 2019.
- Kiser, Charles, and Elaine A. Heath. *Trauma-Informed Evangelism: Cultivating Communities of Wounded Healers*. Grand Rapids, MI: Eerdmans, 2023.
- McClintock, Karen A. *Trauma-Informed Pastoral Care: How to Respond When Things Fall Apart*. Minneapolis: Fortress, 2022.
- Menakem, Resmaa. *My Grandmother's Hands: Racialized Trauma and the Pathway to Mending Our Hearts and Bodies*. Las Vegas: Central Recovery Press, 2017.
- Rambo, Shelly. "How Christian Theology and Practice Are Being Shaped by Trauma Studies." *The Christian Century*. November 1, 2019. <https://www.christiancentury.org/article/critical-essay/how-christian-theology-and-practice-are-being-shaped-trauma-studies>.
- Rambo, Shelly. *Resurrecting Wounds: Living in the Afterlife of Trauma*. Waco: Baylor University Press, 2018.
- Sim, Christy Gunter. *Survivor Care: What Religious Professionals Need to Know about Healing Trauma*. Nashville: Wesley's Foundery Books, 2018.

- Singer, Pete. "Toward a More Trauma-Informed Church: Equipping Faith Communities to Prevent and Respond to Abuse." *Currents in Theology and Mission* 51, no. 1 (2024). <https://currentsjournal.org/index.php/currents/article/view/444/483>.
- Stephens, Darryl W. "Community Healing after Spiritual Leader Misconduct." In *Responding to Spiritual Leader Misconduct: A Handbook*, edited by Lauren D. Sawyer, Emily Cohen, and Annie Mesaros, 159-64. Seattle, WA: FaithTrust Institute, 2022. <https://www.faithtrustinstitute.org/news/new-resource-responding-to-spiritual-leader-misconduct>
- Substance Abuse and Mental Health Services Administration. 2014. "SAMHSA's Concept of Trauma and Guidance for a Trauma-Informed Approach." [https://ncsacw.samhsa.gov/userfiles/files/SAMHSA\\_Trauma.pdf](https://ncsacw.samhsa.gov/userfiles/files/SAMHSA_Trauma.pdf)
- Sullender, R. Scott. *Trauma and Grief: Resources and Strategies for Ministry*. Eugene, OR: Cascade, 2018.
- van der Kolk, Bessel. *The Body Keeps the Score: Brain, Mind, and Body in the Healing of Trauma*. New York: Penguin, 2014.
- Warner, Megan, Christopher Southgate, Hilary Ison, and Carla Grosch-Miller. *Tragedies and Christian Congregations: The Practical Theology of Trauma*. New York: Routledge, 2019.